




# Lambeth House ~ SEPTEMBER 2010~ Assisted Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1 10:00 Brain Games (4th) 11:15 Ex. w/ Tom (4th) 1:30 Catholic Rosary Group 2:30 Shopping at Winn Dixie 7:15 Movie (Aud)</p>	<p>2 9:30 Exercise (4th) 10:30 Interfaith Discussion (ch) 11:00 Pokeeno (4th) 11:00 Sit and Stretch (Aud) 2:00 Resident Association Meeting (4th) 4:30 Social Hour (3rd)</p>	<p>3 10:00 Exercise with Tom (4th) 10:30 Catholic Mass (Aud) 1:30 Group Meditation (Aud) 3:00 Movie Time (4th)</p>	<p>4  2: 00 Bingo! (4th)</p>
<p>5  2:00 Afternoon Matinee (Aud)  4:00 Church Service (2nd floor)</p>	<p>6  <b>LABOR DAY BBQ 1ST FLOOR PATIO</b>  <b>PLEASE COME JOIN THE FESTIVITIES</b></p>	<p>7 9:30 Exercise (4th) 11:00 Sit and Stretch (Aud) 11:00 Episcopal Svc. (2nd) 4:30 Social Hour (3rd)</p>	<p>8 10:00 Brain Games (4th) 11:15 Exercise (4th) 7:15 Movie (Aud)</p>	<p>9 9:30 Exercise (4th) 10:30Interfaith Discussion (ch) 11:00 Pokeeno (4th) 11:00 Sit and Stretch (Aud) 2:15 Balance w Tom (4th) 5:30 Wine and Dine Henry Lee (DR)</p>	<p>10 10:00 Exercise with Tom (4th) 10:30 Catholic Mass (Aud) 3:00 Movie Time (4th)</p>	<p>11  2:00 Bingo!(4th)</p>
<p>12  2:00 Afternoon Matinee (Aud)  4:00 Church Service (2nd floor activity room)</p>	<p>13 10:00 Reminiscing (4th) 11:15Ex. w/ Tom (4th) 1:30 Group Meditation w Tom (Aud) 2:30 Crosswords (4th)</p>	<p>14 9:30 Exercise (4th) 11:00 Sit and Stretch (Aud) 11:00 Episcopal Svc. (2nd floor activity room) 2:15 Balance w Tom (4th) 4:30 Social Hour (3rd)</p>	<p>15 10:00 Reminiscing (4th) 11:15 Ex. w/ Tom (4th) 3:30 Concert with Saul Schneider (Aud) 7:15 Movie (Aud)</p>	<p>16 9:30 Exercise (4th) 10:00 Balance (Aud) 10:30Interfaith Discussion (ch) 11:00 Pokeeno (4th) 2:15 Balance w Tom (4th) 3:30 Schmoozing w the Rabbi (1st) 4:00 Happy Hour (4th)</p>	<p>17 10:00 Exercise with Tom (4th) 10:30 Catholic Mass (Aud) 1:30 Group Meditation (Aud) 3:00 Movie Time (4th) 5:00 Shabbat (ch)</p>	<p>18  2:00 Bingo! (4th)</p>
<p>19  2:00 Afternoon Matinee (aud)  4:00 Church Service (2nd floor activity room)</p>	<p>20 10:00 Reminiscing (4th) 11:15 Ex. w/ Tom (4th) 1:30 Group Meditation w Tom (Aud) 2:30 Crosswords (4th)</p>	<p>21 9:30 Exercise (4th) 10:00 Balance (Aud) 11:00 Sit and Stretch (Aud) 2:15 Balance w Tom (4th) 3:00 Trivial Pursuit with Stephen Moses (4th) 4:30 Social Hour (3rd)</p>	<p>22 10:00 Reminiscing (4th) 11:15Ex. w/ Tom (4th) 7:15 Movie (Aud)</p>	<p>23 9:30 Exercise (4th)  10:00 Balance (Aud) 10:30 Interfaith Discussion (ch) 11:00 Pokeeno (4th) 2:15 Balance w Tom (4th)</p>	<p>24 10:00 Exercise with Tom (4th) 10:30 Catholic Mass (Aud) 1:30 Group Meditation (Aud) 3:00 Movie Time (4th)</p>	<p>25  2:00 Bingo! (4th)</p>
<p>26 2:00 Afternoon Matinee (Aud)  4:00 Church Service (2nd floor activity room)</p>	<p>27 10:00 Reminiscing (4th) 11:15Ex. w/ Tom (4th) 1:30 Group Meditation w Tom (Aud) 2:30 Crosswords (4th)</p>	<p>28 9:30 Exercise (4th) 11:00 Sit and Stretch (Aud) 11:00 Episcopal Svc. (2nd floor activity room) 2:15 Balance w Tom (4th) 3:00 Dr. Becker slide show On WWII (4th) 4:30 Social Hour (3rd)</p>	<p>29 10:00 Reminiscing (4th) 11:15Ex. w/ Tom (4th) 7:15 Movie (Aud)</p>	<p>30 9:30 Exercise (4th) 10:00 Balance (Aud) 10:30 Interfaith Discussion (ch) 11:00 Pokeeno (4th) 2:15 Balance w Tom (4th)</p>		<p>Activities are subject to change . Please check activity board daily. Thanks!</p>