



May 2017

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The Front Desk staff is proud to deliver to you the daily events and happenings around Lambeth House on the Magic Box closed circuit TV. Tune in to channel 1960 on your television for the latest updates. Refer to the monthly calendar for details and weekly calendar for updates to the monthly calendar.

Month In View Events

Sign-up in the Resident Business Center for outings.

Don't forget to check your personal schedule before committing to an event.

For season ticket subscriber events you are responsible for purchasing your own tickets; other various monthly events can be purchased on your behalf and billed to you on your monthly statement. If you have any questions regarding this policy contact Jeanne Bell at 872-9715.

Monday May 1, 2017

3p - 4p

- ▶ **Birthday Celebration** (Coffee Bar) Come and sing happy birthday to our very special residents born in May and share a piece of cake!

Tuesday May 2, 2017

8a - 5p

- ▶ **Give NOLA Day** (Lobbies of Front Desk and Wild Azalea Café) Today, thousands of residents in the Greater New Orleans area are going to show their support for their favorite nonprofit organizations, like Lambeth House, during GiveNOLA Day hosted by the Greater New Orleans Foundation. During GiveNOLA Day last year, more than \$4 million was raised for local nonprofits, and we want to raise even more this year! Starting at 12:00am (midnight on May 2) through the next 24 hours, you can go to www.GiveNOLA.org to make a donation to Lambeth House. Starting donations of \$10 can be made online or at the information stations located in the Lobbies by the Front Desk and the Wild Azalea Café using cash, debit or credit cards. For all donations collected within the 24 hour period, Lambeth House will be awarded an additional Lagniappe proportional share of funds raised nationwide. There will also be additional awards for most money raised and most donors participating. Each category will receive \$10,000 for 1st place, \$5000 for 2nd, \$3000 for 3rd, \$1000 for 4th and \$500 for 5th. A team of volunteers at the information stations will be available throughout the day to assist you.

4p - 5p

- ▶ **Give NOLA Day Happy Hour** (Coffee Bar) Beverages and light hors d'oeuvres to thank everyone who participated in Give NOLA Day.

Wednesday May 3, 2017

12p - 1p

- ▶ **Book of the Month Discussion with Dianne Schlosser** (Media Room) The book being discussed is *Small Great Things* by Judi Picoult. Reservations are required for lunch by Monday, May 1, please sign up or call Jeanne at 872-9715.

Thursday May 4, 2017

- 3p - 3:30p ► **An "Inspirational" Performance by the Lambeth House Choral Group** (Auditorium) Accompanied by Matt Lemmler on the piano, vocalist, Sammy Young and promoter, Derrick Davis. This performance is sure to "inspire" you!

Friday May 5, 2017

- 4:30p - 5:30p ► **Cinco de Mayo Party** (Coffee Bar) We pour margaritas and you dance the salsa!

Saturday May 6, 2017

- 4:15p - 5:45p ► **Kentucky Derby 143** (Auditorium) Wear Derby attire and watch "the most exciting two minutes in sports", place your \$1 bets, and sip a cool Mint Julep! Post time is 5:34 p.m. the last bet must be placed by 5:30; it is helpful to come with \$1 bills.

Monday May 8, 2017

- 3p - 4p ► **Genealogy Resources Workshop** (Auditorium) The New Orleans Public Library System - Louisiana Division/Archives presents sessions on Genealogy research. The series builds on what was talked about before, but also contains enough information that someone would not necessarily have to attend all to start using the resources. The first session introduced you to the Genealogy Resources available through the New Orleans Public Library and other sources.
#2 of 3. Searching the Historic Times Picayune – A free resource through the library.
#3 of 3. Obituary Research and Sources – This is a combo and builds on the Genealogy and Newspaper searching on June 5.

Tuesday May 9, 2017

- 9a - 10a ► **Planned Giving with Shannon Woodward** (Penthouse) Please join Shannon Woodward, Senior Philanthropic Advisor at Tulane University, to discuss planned giving opportunities. Coffee and a continental breakfast will be served. Shannon will explain different ways to you can leave your legacy to Lambeth House. She will discuss certain options such as bequests, charitable contributions and trusts. Once she is complete, the floor will be open for Q & A.

Wednesday May 10, 2017

- 11:15a - 2:30p ► **A Life of Seduction Venice in the 1700s Noontime Talk & Lunch at Café NOMA** Vanessa Schmid, Senior Research Curator for European Art will present a brief, casual discussion on the exhibit. A Life of Seduction: Venice in the 1700s is organized in cooperation with Contemporanea Progetti in Florence, Italy. This exhibit explores seductions of Carnival, fashion, ceremonies and street life in 1700s. An exquisite gondola finial, 18th-century costumes, a puppet theater, and view paintings depicting the fabled "Queen of the Adriatic" are among the works on display.
- 4p - 5p ► **Computer Help with Blake Hamm** (Media Room) If you need help with your computer/iPhone/iPad drop by the Media Room. If you don't have any specific needs, stop in and listen, surely you will pick up on something you do not know.

Friday May 12, 2017

- 7:15p - 10:30p ► **Bye Bye Birdie** (Rivertown Theater) Hip-swinging' teen idol Conrad Birdie (loosely based on Elvis), who, to the dismay of his adoring fans, is about to be drafted into the army by Uncle Sam. In the 1950's rock-n-roll musical comedy, Birdie's agent, Albert and his secretary/girlfriend, Rosie, cook up a plan to send him off in style. They must write Birdie a new hit song and have him bestow "one last kiss" on a lucky fan, live on the Ed Sullivan Show. A town full of colorful characters including crazed teenagers, a jealous boyfriend, and a spotlight stealing father make for a rollicking good time. Tickets \$38 + tax + fee.

Saturday May 13, 2017

- 7:15p - 10:30p ► **New Orleans Ballet Association** (Mahalia Jackson Theater) Since its first appearance at NOCCA in 2013, Jessica Lang Dance has skyrocketed into a major American dance force led by the remarkably gifted Jessica Lang. Hailed by Dance Magazine as a “master of visual composition,” Lang’s technically stunning dancers are back on the main stage with spellbinding, artfully crafted works. The evening includes her riveting and poignant Thousand Yard Stare, honoring veterans and those touched by the aftermath of war, and Tesseract of Time, her collaboration with famed architect Steven Holl, with striking architectural elements and otherworldly projection. Ticketholders sign up in the RBC.

Sunday May 14, 2017

- 11:30a - 1:30p ► **Mother's Day Brunch** (1st Floor Dining Room) Celebrate the very important ladies in our lives at this annual fête, serving complimentary wine and champagne! Please make your reservation by Friday May 12. No charge for residents, \$30 per adult guest and \$12 for children under the age of 12. The Dining Room will be closed for dinner.

Tuesday May 16, 2017

- 11a - 12p ► **Introductory Drawing Course** (Art Studio) This is a four week class with Charlene Vernotzy. Materials will be provided, please sign up if you wish to participate.

Thursday May 18, 2017

- 4p - 5p ► **Wine Tasting** (Auditorium) Sommelier, Kyle Kempff with Republic Distributors will conduct a wine tasting for you, offering several wines from different regions. The cost of this event is \$10 with the proceeds going to the Lambeth House Foundation. See Natalie for your ticket(s).
- 7:15p - 10p ► **Move Beyond** (Saenger Theater) Julianne and Derek Hough will bring fans on a journey of dance and music, taking inspiration directly from the four elements as an exploration of the human relationship with nature. The pair will be joined by the Move Company Dancers for group performances in styles ranging from ballroom and tap to salsa and hip-hop and everything in between. Tickets \$75 + fees

Friday May 19, 2017

- 4:30p - 5:30p ► **Happy Hour with the Grateful Living** (Auditorium) Fred Hunter, clarinet and saxophonist, Avery Stirratt, banjo and vocalist Cheryl Goodman, present an all new spring performance!

Monday May 22, 2017

- 3p - 4p ► **Talk on Container Gardening** (Auditorium) Education Director at the Botanical Gardens, Susan Capley will present container gardening tips and advice.

Tuesday May 23, 2017

- 3p - 3:45p ► **Catholic New Orleans** (Chapel) Join us for this interesting and entertaining presentation about “Catholic New Orleans” which will be given by Tulane University Professor James D. Huck.

Wednesday May 24, 2017

- 3p - 4p ► **John Rankin Concert** (Auditorium) John Rankin is a well-known New Orleans musician and performer. A versatile master of solo acoustic guitar, he blends a New Orleans feel with originals, jazz, folk, blues, rhythm and blues, classical guitar, and the American songbook. John is a singer songwriter with a wide array of songs, vocal and instrumental. His powerful harmonica playing, in sync with his guitar, adds a real impact to his songs and stories. A featured solo performer at most New Orleans Jazz and Heritage Festivals since 1981. John teaches guitar and songwriting at Loyola University and the University of New Orleans and has won numerous

awards.

Thursday May 25, 2017

- 1p - 2p ► **Hearing Clinic by Appointment** (2nd floor Exam Room) Melody Benedic-Walsh, Au.D., CCC-A, Clinical Audiologist from New Orleans Speech and Hearing Center holds 4 - 15 minute appointments for hearing aid programming and repairs, charges will be based on your particular needs; the appointment sheet is located in the R.B.C.
- 2p - 2:30p ► **Drop in Hearing Clinic** (2nd floor Exam Room) Melody also provides complimentary hearing aid cleaning, help to operate hearing devices and discuss hearing concerns, evaluations and hearing aids. Hearing tests cannot be conducted at Lambeth House.
- 4p - 5p ► **Town Hall** (Auditorium) During this monthly meeting we will go over pertinent business that pertains to resident life at Lambeth House. Everyone is encouraged to attend and have a chance to win a bottle of wine or box of specialty peanuts. If you miss the meeting, the minutes are recorded and can be found in a blue binder in the Library.

Friday May 26, 2017

- 11:15a - 2:30p ► **Off The Dock Seafood Restaurant** (Laplace, LA) The small, rustic eatery offers plenty of fresh, delicious food, as well as beautiful views of Lake Pontchartrain. Formerly known as The Crab Shack, was once little more than a blip off old Highway 51, Peavine used to be just a shell road that cut through the swamp to the lake with a collection of camps built around a boat launch in a clearing of cypress forest. Family owned and operated by Jenni and Jason Bourg, their menu features boiled shrimp, crawfish and crabs, po boys, pasta dishes and gumbos perfected by Jason. There's also a blackened redfish dish, which once was a special item and a version of barbeque shrimp, as well as fried seafood. Please be aware that there is no elevator to the upstairs dining area. 985-224-2000.

Monday May 29, 2017

- 11:30a - 1:30p ► **Memorial Day Barbeque** (Patio and 1st floor Dining room) Enjoy a good old fashioned barbeque with opened seating, but reservations are encouraged for large groups. Guest charge: \$25 adults, \$12 children under 12. The Dining Room will be closed for dinner.

If you are musically inclined join the Choral Group

The Choral Group practices on most Thursdays around 3 p.m. in the Auditorium, except on weeks with Town Hall. Anyone who wishes to make a joyful noise is encouraged to participate, put a note in pigeon hole #703 for a songbook. **The Choral Group will do an "Inspirational" repeat performance on Thursday, May 4 at 3pm in the Auditorium. May practice dates are: 5/11 (Auditorium), 5/18 (Coffee Bar) and 5/25 (Coffee Bar)**

UPCOMING EVENTS

The New Leviathan Oriental Fox Trot Orchestra will be performing at the Pavilion of the Two Sisters in City Park on Thursday, June 15 at 6pm. Sign-up now because tickets sell out early. The New Leviathan Orchestra is an American revival orchestra that performs vintage American music popular from the 1890s through the early 1930s. The orchestra pays particular attention to the music of New Orleans, in addition to the well-known compositions of jazz and ragtime composers like Jelly Roll Morton, Fletcher Henderson, and Eubie Blake. Tickets are \$11.

Newcomer's Table

Each Friday evening a Host or Hostess will invite new residents to sit at the Newcomer's Table. Please volunteer to be a Friday evening Host or Hostess on the signup sheet in the Resident Business Center, someone from the Welcome Committee will contact you. Questions, contact Lelia Schumacher the facilitator, 895-8721 home or 450-5462 cell. Participants are encouraged to bring a bottle of wine to share with the table.

FOR YOUR DINING PLEASURE . . .

Continental Breakfast Daily from 7:30 – 9 a.m. in the Coffee Bar. Complimentary continental breakfast is provided seven days a week! It is a great time to socialize and enjoy a cup of coffee with your neighbors!

First Floor Dining Room Daily - Lunch hours: 11:30 a.m. – 1:30 p.m. or Dinner hours: 5 – 7 p.m. **Check channel 1960 for the daily Dining Room menu and Café special.** The complete Dining Room menu is located on the board outside of the Dining Room and at the Front Desk for you to read.

Guidelines for Takeout Service To place “to go” orders or have meals delivered for a \$5 charge, pickup one menu for each person placing an order from the Front Desk, fill out the form and circle the items you want and return to the Front Desk no later than 11 a.m. for lunch and 4 p.m. for dinner. This is a limited item menu, you will only have access to the full menu if you dine in the Dining Room. Pick up meals will be placed on a table in the employee breakroom adjacent to the elevator with your name on it after 11:30 a.m. for lunch and 5 p.m. for dinner. If you are sick, meals can be delivered for three consecutive days at no charge. Take out trays must be returned to the kitchen.

Wild Azalea Café Tuesday through Saturday, serving complementary coffee and made to order breakfast from 7–10:30 a.m. and lunch from 11:30 a.m.—2 p.m. To place to go orders, call the Front Desk at 865-1960 and ask for Café extension 303 (no delivery available).

MORE ABOUT FOOD AND DRINK!

B.Y.O.Beverage to “Monday Meetings”:

Join fellow residents at 5 p.m. in the Penthouse Suite on Monday before dinner. Bring your favorite before dinner libation and enjoy great company!

Crescent City Farmers Market: Tuesdays from 9 a.m.—1 p.m., take the short walk along Broadway towards St. Charles Ave., turn left into the Tulane parking lot headed towards Leake Ave. Vendors have beautiful flowers, hot

lunches and a wonderful selection of fresh produce and homemade goodies!

Happy Hour: Most Fridays from 4:30—5:30 p.m., in the Coffee Bar. Enjoy a glass of wine, cocktail or non-alcoholic beverage before dinner.

Second Harvest Food Bank: a collection box is located in the Resident Business Center for your donations, which get's dropped off periodically during the year.

SHOPPING

Alternating trips to Winn-Dixie and Rouses supermarkets on Tchoupitoulas are scheduled on Tuesdays. Independent Living residents are invited to join Assisted Living during their afternoon grocery outings (AL shopping is subject to change or cancellation due to weather and other conditions). Please meet at Martin's Landing prior to departure time. Whole Foods now makes a weekly delivery on Fridays. Your insulated bag with order form are due on Wednesdays, see Jeanne to register. There are also alternating monthly trips to Dorignac's and Langenstein's and a monthly visit to Wal-Mart on Tchoupitoulas. Trips to a local mall are scheduled most months.

Tuesday, May 2, 9am, Winn-Dixie
1:45pm, Winn-Dixie with AL

Tuesday, May 9, 9am, Rouses
1pm Walmart

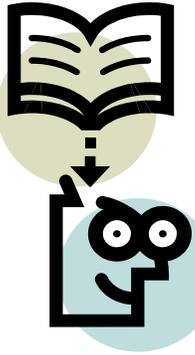
Tuesday, May 16, 9am, Winn-Dixie
1:45pm Rouses with AL

Tuesday, May 23 9am, Trader Joe's

Tuesday, May 30, 9am, Winn Dixie
1:45pm Winn Dixie with AL

Wednesdays before 3:30pm Whole Foods orders due at Front Desk

Fridays between 12:30pm—6pm pick up Whole Foods delivery from Front Desk



If it's books and discussions you like...

Nix Library Book Pickup and Delivery meets on selected Mondays in the Media Room from 4—4:30 p.m. A representative from the library will bring books based on your interest and specific requests. You can email Aimeé directly with your requests at alohmeyer@nolalibrary.org or drop Jeanne a note. **The May visit will be on 5/8.**

Educational Programing and Discussion led by Dorie is held on Tuesday mornings at 11 a.m. in the 4th floor Activity Room. Resources include TED Talks, PBS Channel, Smithsonian, Nova, any other educational documentary program.

Philosophy Discussion Group on Tuesdays at 3—4p.m. in the Media Room. The current discussion is on *Turning Points in Middle Eastern History* followed by a short discussion.

A Book of the Month Discussion Usually held on the first Wednesday of the month at 12 noon in the Media Room with Dianne Schlosser. The discussions will be conducted over lunch. Reservations are required by the **Monday** before. The next discussion will be on **May 3**, the book being discussed is *Small Great Things* by Jodi Picoult.

History Discussion Group on Wednesdays and Fridays at 2 p.m. in the Media Room *The History of the United States* The course chronicles the history of the U.S. from its colonial origins to the 21st century. Each session consists of a 30minute video lecture followed by a short discussion.

Literature Discussion is held in the 2nd floor Multipurpose Room from 4:15—5:15 p.m. on Wednesdays and facilitated by Dorie Deats. Various lectures on *The Irish Identity: Independence, History, and Literature* with Professor Marc C. Connor.

No fitness classes will be held on Memorial Day

Fitness Classes in the Exercise Studio of the Wellness Center (exceptions noted)

The Wellness Center is staffed Monday – Friday, 8am – noon and 1 - 4:30pm. For Personal Training and a Fitness Assessment, call Greg Taylor at extension 305 or John McElree at extension 304 to set up an appointment in the Fitness Gym.

Monday, Wednesday, Friday

7:00am Walk in the Park meet at the Front Desk

8:45am Total Body Training Participants experience a variety of different standing and seated exercises to improve strength, endurance, and mobility, using body weight, hand weights elastic bands, and balls.

10am Strength and Mobility Training Exercise using resistance bands and hand weights.

10am Aquatic Aerobic and Strength Exercise (Natatorium)

10:00am

poses or postures, (primarily from standing or floor positions) each of which has specific physical benefits, including strengthening muscles, improving flexibility, improving balance and postural control, and reducing stress. (Tu., Th. & Sat.)

Balance and Fall Prevention Participants are guided through a variety of fun activities designed to improve static and dynamic balance, promote good posture, and develop better awareness of body position. (Tuesday only)

10:00am

Tai Chi meditation in motion, employs a series of flowing movements performed in a slow, focused manner and accompanied by deep breathing, promoting better posture, balance, strength, flexibility, and stress reduction. (Thursday only)

Tuesday, Thursday, Saturday

8:00am Intermediate Yoga This class represents a progression in difficulty from the regular 9:00 yoga class. (Thursday only)

9:00am Yoga Designed to unite mind, body, and spirit, yoga employs the performance of

11am

Line Dancing (Auditorium, Thursday only)

ON THE BIG SCREEN

Saturday and Sunday Matinees are in the Auditorium at 2 p.m.

The Movie Committee sponsors a Sunday night viewing event in the Media Room—the new series is *Miss Fisher's Murder Mysteries*. Fledgling detective Phryne Fisher is known for her sharp wit and pearl-handled pistol, which she uses to fight injustice in Melbourne during the 1920s. The glamorous sleuth makes her way through the city's alleyways and jazz clubs while she fights crime as part of a larger mission -- making sure that Murdoch Foyle, who she believes is responsible for the disappearance of her younger sister, stays behind bars. She fights for justice for people who can't help themselves, including exploited workers and missing girls.

A miniseries is shown on Wednesday evenings at 7:15 p.m. in the Media Room—the current series is *Foyle's War* Set in the English coastal town of Hastings during World War II, this compelling crime drama follows police inspector Christopher Foyle, who discovers that crooks don't stop for anything - not even war.

Opera or ballet will be viewed at 2 p.m. on Thursdays in the Media Room.

Your movie suggestions are important. Please list your requests on the sheet in the Resident Business Center, and include ballet, opera, miniseries or educational requests, as well.

RELIGIOUS SERVICES IN THE 1ST FLOOR CHAPEL (EXCEPTIONS NOTED)

Mondays	*	10:00am	Catholic Mass followed by 10:30 Recitation of the Rosary
Mondays	*	2:30pm	Presbyterian Services on the 1st, 2nd & 4th Monday, no services on the 5th Monday
Monday	5/15	2:30pm	Presbyterian Bible Study with Kate Elkins and Brenda Stephens
Tuesdays		11:00am	Episcopal Eucharist followed by lunch in the Wild Azalea Café
Tuesday	5/23	3:00pm	<i>Catholic New Orleans</i> , Tulane University Professor James D. Huck will present an interesting and entertaining perspective.
Tuesday	5/2	4:00pm	Musical Interfaith Service led by Kimberly Mouledoux, St. Martin's Episcopal Church
Tuesday	5/16	4:00pm	Brian Blair of Williams Boulevard Baptist Church will lead a Hymn Sing-a-long
Wednesdays		1:00-4:00pm	Chaplain Kathleen Bertin will meet with residents by appointment, 865-1960 extension 302
Thursdays		1:30pm-4:00pm	Chaplain Kathleen Bertin will meet with residents by appointment, 865-1960 extension 302
Thursday	5/11	1:30pm	Shmoozing with the Rabbi
Fridays		10:30am	Catholic Mass followed by Recitation of the Rosary at 11.
Fridays		5:00pm	Shabbat Service

Please notify the Chaplain if you would like the Sacrament of Reconciliation or the Sacrament of the Sick.

* No Catholic or Presbyterian services will be held on Memorial Day

Events Around Town

Things you may be interested in, but Lambeth House does not have transportation available, a sign up sheet can be posted on the Community Board for you to coordinate with each other.

- Monday, May 8 ► New Orleans Civic Symphony (UNO Lakefront Performing Arts Center, Recital Hall) The New Orleans Civic Symphony is a community orchestra made up of local volunteer musicians, young and old, professional, retired professional, and other experienced players who are dedicated to performing classical and pop music for the greater New Orleans area. 7:30pm concert, admission is free.
- Friday, May 12 ► New Orleans Volunteer Orchestra Concert (St. Charles Ave. Baptist Church) NOVO will present The Dark Side featuring music from Star Wars, Beethoven's 5th Symphony, Firebird Finale, Night on Bald Mountain, Popper Cello Concerto and Kopetzki Marimba Concerto at 7:30pm, tickets \$10
- Sunday, May 14 ► Come out to Audubon Park for a Bird & Turtle chat! (Prytania St. at Exposition Blvd. entrance to the Park) Are you curious about the birds and turtles in Audubon Park? Audubon Nature Institute is offering a free chat where you can learn about the Audubon Park birds and turtles! In this interactive chat, an Audubon Educator will share fun facts about the unique population of birds and turtles in the Park and answer all of your questions. Chat starts at 9am.

*It's all in the game - bored?
Play games!*

The **Card and Game Room** is located on the 1st floor next to the Resident Business Center, stocked with cards and games for your use any time of the day or evening. Get a group together and play bridge, UNO, Rummikub, Yahtzee or Scrabble. A list of interested players is posted. If you would like to reserve a table, contact Jeanne at 872-9715.

Puzzles: A temporary table has been installed in the Media Room. Extra puzzles are located in the cabinet at the back of the Auditorium.

Scrabble: To keep your brain working, a giant scrabble board is located at the table overlooking the Patio!

Saturday Bridge: 10 a.m. in the Card &

Game Room, get together with Lambeth House bridge players. Arrive before 10 a.m. and sign-in. Tables will be assigned at 10 a.m. If there are not enough players to complete a table the last to arrive will not be able to play. Cards, score pads and pencils are provided. Weekly winner(s) will be posted on the bulletin board in the game room.

Saturday Rummikub: 2 p.m. in the Card and Game Room. Get together with Lambeth House players.

Bocce, Turtle Toss and Shuffleboard

games: If anyone would like to get a group together for some friendly competition and play any of these games let John McElree know and he can set you up!

ART NEWS

Art on View: As you roam the first floor hallways of both buildings enjoy displays of resident artists' works and resident collectors' pieces.

In La Petite Galerie, overlooking the first floor Patio behind the Coffee Bar and Library on display:

Au Printemps

Flowers from Residents' Collections

Needle Arts: If you enjoy needlework, please join the group for their weekly gathering in the Coffee Bar at the table near the Library on Mondays from 1 until 2:30 p.m.

Art Class: Charlene Vernotzy, who is well versed in a lot of different mediums, conducts a weekly class on Tuesdays from 10 a.m. until 12 noon in the Art Studio. This class is all about having fun and trying something new, so walk over and give it a try. Art students current works will be hung in the Studio for one month, stop by and enjoy.

Beginning Tuesday May 16, 11a - 12p for four weeks, Charlene will conduct an Introductory Drawing Course. Materials will be provided, please sign up if you wish to participate.

Art Appreciation Group: Meets in the fourth floor Activity Room at 3 p.m. on Wednesdays. Currently we are appreciating *A History of European Art*. We all have our favorite artists, periods, or styles, but do you truly know the full sweep of European art? Can you connect the dots of influences and inspiration that link the Renaissance with Mannerism, or that tie the paintings of the creator of modern art, Edouard Manet, to masterpieces from centuries earlier? In this series of lectures you will encounter all the landmarks you would expect to find in a comprehensive survey of Western art since the Middle Ages; but you will also find works that are completely new to you.

A note from your Resident Council

If you have something you would like to bring to the attention of the Resident Council please drop a note in pigeon hole #1113 and someone from the Council will respond.

Medical Services & More

Business Office: M-F 10 a.m.-12 noon & 2-4 p.m.
Cashed checks up to \$100, purchase postage, send faxes, mail packages via USPS or FedEx.

Blood Pressure Service: contact Debbie Godsey at 865-1960 extension 103 to have yours taken.

Dentist: Dr. Scott Cefalu performs simple cleanings at a charge of \$100 for residents unable to visit their own dentist. Contact Jennifer Credeur at extension 119 to request a visit, A minimum of 10 residents is required to schedule his visit.

Dermatologist: Dr. Diane Rose visits Lambeth House on the third Tuesday of the month from 3 – 5 p.m. in the 2nd floor Exam Room across from the Nurses Station. To schedule an appointment contact Germaine Gibson, 865-1960 extension 149. This practice does not accept People's Health (Choice 65) insurance.

Hearing Clinic: Melody L. Benedic-Walsh, Au. D. CCC -A, Clinical Audiologist from N.O. Speech & Hearing is available on the fourth Thursday of the month, in the 2nd floor Exam Room. By appointment from 1 - 2 p.m., four 15 minute spots are available for hearing aid programming, hearing aid repairs and batteries (some hearing aids are proprietary and cannot be repaired by Melody). Charges are based on your particular needs. Please sign up in the R.B.C. Drop in between 2 – 3 p.m., to this free clinic where Melody conducts hearing aid cleanings and checks; consultations for residents who have questions about hearing, evaluations, and/or hearing aids; assistance on operating hearing devices, et cetera. Hearing tests are not conducted at Lambeth House.

Manicures & Pedicures: Lorraine Hester takes appointments in the 1st floor Salon or in your apartment. Salon visits: \$20 manicure, \$45 Pedicure. Apartment visits: \$25 manicure, \$50 pedicure. To

schedule your appointment call Lorraine at 452-4441.

Massage Therapy: Katy Trumble, Nationally Board Certified and State Licensed, is available by appointment on Monday-Friday, 10 a.m.-5 p.m., in the Massage Therapy Room within the 1st floor Salon or can come to your apartment. Call (504) 654-9801 to schedule personalized treatments tailored to your needs.

Physical Therapy: Triton Healthcare at Lambeth House is on the 2nd floor in the Therapy Room. Physical therapy, occupational therapy and speech therapy are available. To make an appointment call (504) 866-7495.

Podiatrist: Dr. Melanie White is available for appointments on the second Thursday of the month from 1:30—3 p.m. and Dr. Todd Allian is available for appointments on the second Friday of each month beginning at 12:30 p.m. Both see residents in the 2nd floor Spa Room by the Nurses Station. Schedule your appointments by the first Thursday of the month for Dr. White and the first Friday for Dr. Allian with Germaine Gibson at 865-1960 extension 149.

Sewing & Ironing Service: Honey Tobin will meet you in the Art Studio on Wednesdays between 10 a.m. and 12 noon for a simple hem, button or seam repairs. If you need services which require a fitting, call Honey at (803) 487-2896 and she will coordinate an appointment, pick up your items the next week or let her know ahead of time if you cannot make it.

Sewing Machine: There is a basic model, Singer sewing machine located in the Art Studio. If you have questions, Jeanne will be happy to assist. Thread and bobbins are not provided.

Little Bitty Witty I hate it when I'm singing
a song and the artist gets the words wrong!!!

