



July 2017

The Front Desk staff is proud to deliver to you the daily events and happenings around Lambeth House on the Magic Box closed circuit TV. Tune in to channel 1960 on your television for the latest updates. Refer to the monthly calendar for details and weekly calendar for updates to the monthly calendar.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Month In View Events

Sign-up in the Resident Business Center for outings.

Don't forget to check your personal schedule before committing to an event.

For season ticket subscriber events you are responsible for purchasing your own tickets; other various monthly events can be purchased on your behalf and billed to you on your monthly statement. If you have any questions regarding this policy contact Jeanne Bell at 872-9715.

Monday Jul 3, 2017

- 3p - 4p ▶ **Birthday Celebration** (Coffee Bar) Come and sing happy birthday to our very special residents born in July and share a piece of cake!
- 4:45p - 9:30p ▶ **Happy 3rd of July** (Great Lawn of City Park) Enjoy patriotic music with the Marine Corps Band New Orleans and fireworks from the Peristyle. Concessions available for sale include hotdogs, corn dogs, waffle fries, beer, wine, ice cream, Vodka Lemonade, and Vodka Sneauxballs (regular ones too). We will also have an ice chest on hand if none of these appeal to you for stowing your own food and libations. Music at 7, fireworks at 9. Wear your red, white and blue!

Tuesday Jul 4, 2017

- 11:30a - 1:30p ▶ **4th of July Barbeque** (1st floor Dining Room and Patio) Enjoy a good old fashioned barbeque with open seating, but reservations are encouraged for large groups. Guest charge is \$28 for adults and \$12 for children under 12. The Dining Room will be closed for dinner.

Thursday Jul 6, 2017

- 10:30a - 2:30p ▶ **Ogden Museum Docent Led Tour of Waltzing the Muse: The Paintings of James Michalopoulos followed by lunch at Pêche Seafood Grill** (925 Camp St. + 800 Magazine St.) Predominantly a self-taught artist, Michalopoulos started his career in painting as a street artist in Jackson Square, drawing portraits of tourists which he sold for a few dollars. He quickly moved his practice to capturing the unique architecture of the city. With an easel and a portable radio tuned to WWOZ packed onto his Vespa, Michalopoulos would set up on the streets of downtown New Orleans, allowing the rhythm of the city to guide his compositions. He developed an easily recognizable style, a confident control of his palette knife, and a masterful sense of color. Waltzing the Muse will include works from throughout his career, showcasing his portrayal of the world around him, both natural and built, with an accomplished hand and a singular vision. After the tour we will take a 0.2 mile walk, approximately 4 minutes, over to Pêche Seafood Grill for lunch. Please print your name when signing up in the RBC.

- 5p - 8:30p ► **The Boogie Men Swing Band - Thursdays at Twilight** (Pavilion of the Two Sisters City Park)
The Boogie Men are a versatile dance band, with a powerful a horn section. They will be performing the music of Frank Sinatra, Michael Buble', Harry Connick Jr. and more. Tickets: \$11 plus food and beverage are available for purchase. Please print your name when you sign up in the RBC.

Monday Jul 10, 2017

- 3p - 4p ► **Daniel Edgar Sickles - Scoundrel! Presented by Jim Carriere** (Auditorium) A politician, soldier and diplomat, born in late 1819 in New York City into a wealthy family, Sickles leaves a legacy involving murder, insanity, a Yankee General; battle lost; battle won, Medal of Honor; a Yankee King of Spain and lots more. This is an intriguing story you won't want to miss.

Wednesday Jul 12, 2017

- 10:30a - 2p ► **Grapevine Café and Gallery** (Donaldsonville LA) A five star restaurant, Grapevine Cafe' and Gallery opened its doors in February 2001 in a 1920's two story commercial building in historic downtown Donaldsonville. The concept of Grapevine Cafe' and Gallery is to provide authentic Louisiana Creole and Cajun cooking in a comfortable art gallery atmosphere. Donaldsonville, the first capital of Louisiana is a river town rich in history with the largest concentration of historic homes and buildings outside of New Orleans. The menu will be posted in the R.B.C.

Thursday Jul 13, 2017

- 4p - 5p ► **Opening Reception "Orient Expressed"** (La Petite Galerie)
7:20p - 10:30p ► **Hairspray** (Dixon Hall) Presented by Tulane Summer Lyric Theater. Based on the 1988 film by John Waters about the civil rights battle in Baltimore in the 1960s. The original musical adaptation of Hairspray won eight Tony Awards, including Best Musical and Best Score. It pay homage to Motown, period pop and rock, and classic musical theater and has been described as "an old-fashioned musical without being old-fashioned." Ticketholders sign up in the R.B.C.

Saturday Jul 15, 2017

- 4:30p - 5:30p ► **Crescent City Sound Chorus Performance** (Auditorium) Crescent City Sound Chorus is the local chapter of the Sweet Adelines – a worldwide organization of approximately 30,000 strong. Sweet Adelines' Crescent City Sound Chorus is a 45 member organization of female singers of all ages, all walks of life, from all parts of the South Louisiana Area, who meet regularly to practice, perform, socialize, and have fun. Our own Jane Soslow is one of them!!

Tuesday Jul 18, 2017

- 3p - 4:15p ► **A discussion with District Attorney Leon Cannizzaro** (Auditorium) Come learn the good, the bad and the ugly about our crime situation in New Orleans, and have your questions answered. In 2014, DA Cannizzaro was reelected without opposition. Could it be because of numerous awards from good government groups such as the Metropolitan Crime Commission recognizing his reform in the N.O. Criminal Justice System, or the fact that he was awarded the prestigious FBI Director's Award for his use of the Louisiana racketeering statute to combat violet street gangs in New Orleans? These are just a few of the accomplishments of our aggressive DA which qualifies him to take us through this critical period of transformation and rebirth.

Wednesday Jul 19, 2017

- 2:30p - 3:30p ► **Plum St. Snoballs** (Wild Azalea Café and Lobby)

Thursday Jul 20, 2017

- 4p - 5p ► **Computer Help with Blake Hamm** (Media Room) If you need help with your computer/iPhone/

iPad drop by the Media Room. If you don't have any specific needs, stop in and listen, surely you will pick up on something you do not know.

Friday Jul 21, 2017

- 6:50p - 10p ► **Tulane Shakespeare Festival *The Tempest*** (Lupin Theater) Wrongly accused and exiled for twelve years, Prospero sets out for revenge. However, he finds redemption in the process. Both magical and moving, Shakespeare's masterpiece questions what it means to love and to forgive. It's a tale that the whole family will enjoy. \$20-30 discounted tickets

Monday Jul 24, 2017

- 10:15a - 2:15p ► **New Orleans Baby Cakes vs. Nashville Sounds Baseball** (Shrine on Airline) Take me out to the ballgame! River Parish Disposal will once again host us in their air-conditioned suite. Nineteen tickets are available, signup in the RBC for this 11 a.m. game, and please bring tip money. There will be a slight charge once we know how many residents are going because the "Shrine on Airline" is under new management and require their catering service to provide food and beverage service, River Parish is giving us an allowance and we will make up the balance.

Tuesday Jul 25, 2017

- 11a - 12p ► **The Rt. Rev. Morris K. Thompson Visitation** (Chapel) Please join Bishop Thompson in this celebration of the Eucharist, immediately followed by a luncheon in the Penthouse. You must sign up in the RBC or notify the Chaplain beforehand to enjoy the luncheon. Please be reminded that a special collection will be taken during the Eucharist.

Thursday Jul 27, 2017

- 1p - 2p ► **Hearing Clinic by Appointment** (2nd floor Exam Room) Melody Benedic-Walsh, Au.D., CCC-A, Clinical Audiologist from New Orleans Speech and Hearing Center holds 4 - 15 minute appointments for hearing aid programming and repairs, charges will be based on your particular needs; the appointment sheet is located in the R.B.C.
- 2p - 2:30p ► **Drop in Hearing Clinic** (2nd floor Exam Room) Melody also provides complimentary hearing aid cleaning, help to operate hearing devices and discuss hearing concerns, evaluations and hearing aids. Hearing tests cannot be conducted at Lambeth House.
- 4p - 5p ► **Town Hall** (Auditorium) During this monthly meeting we will go over pertinent business that pertains to resident life at Lambeth House. Everyone is encouraged to attend and have a chance to win a bottle of wine or box of specialty peanuts. If you miss the meeting, the minutes are recorded and can be found in a blue binder in the Library.

Friday Jul 28, 2017

- 6:50p - 9:50p ► **2017 Keyboard Festival Guest Artist Kenny Broberg, 2014 Bronze Medalist** (Roussel Hall) Most recently, Kenny Broberg was awarded the Silver Medal in the 2017 Van Cliburn International Piano Competition. A native of Minneapolis, Mr. Broberg studied piano from age six through high school under Dr. Joseph Zins. He continued his studies with Nancy Weems at the University of Houston's Moores School of Music, where he earned a Bachelor of Music degree. He is now a graduate student working with 2001 Cliburn gold medalist Stanislav Loudenitch at Park University in Parkville, Missouri. Mr. Broberg has won first prizes at the Hastings and Dallas international piano competitions, in addition to medals at the Sydney, Seattle, New Orleans, and Wideman (Shreveport) competitions. Several of his performances at last year's Sydney International Piano Competition were released on CD on the Universal Music label. He has performed as soloist with the Royal Philharmonic Orchestra, Minnesota Orchestra, Sydney Symphony, Seattle Symphony, Dallas Chamber Symphony, and the Louisiana Philharmonic,

among others. Mr. Broberg has had solo, chamber, and concerto performances broadcast on NPR and ABC (Australia) radio. Tickets: \$15

Program

Toccata in C minor, BWV 911	J.S.Bach
Toccata on L'Arme Homme	Marc-André Hamelin
Trois Mazurkas, Op. 59	Frederick Chopin
Sonata No.4 in F-sharp Major, Op.30	Alexandre Scriabin
Sonata in B minor	Franz Liszt

Monday Jul 31, 2017

3p - 4:30p

► **What are the Healthcare Benefits of Being a LifeCare Resident?** (Meet at Martin's Landing)
 Take a WALKING TOUR of "THE OTHER SIDE" with Regan, also known as MARTIN'S LANDING (Assisted Living), ST. ANNA'S AT LAMBETH HOUSE (Nursing Care) and MERCER'S WAY (Memory Care) to learn the details of being a LifeCare Resident. Please meet in the 1st floor Martin's Landing Lobby at 3:00 p.m. for an overview of the transition process, after which the tour will begin. Questions can be asked as you walk through each continuum of care. The conclusion of the tour will be on the 3rd floor of St. Anna's where you can sample a special treat that is served daily to the residents. Please sign up in the R.B.C.

RELIGIOUS SERVICES IN THE 1ST FLOOR CHAPEL (EXCEPTIONS NOTED)

Mondays	10:00am	Catholic Mass followed by 10:30 Recitation of the Rosary every other Monday and communion service is every other Monday
Monday		Presbyterian Services are on break for the summer
Tuesdays	11:00am	Episcopal Eucharist followed by lunch in the Wild Azalea Café (<i>cancelled on July 4th</i>)
Tuesday	7/25 11:00am	Mass with The Rt. Rev. Morris K. Thompson followed by a luncheon in the Penthouse. Reservations are required, sign up in the R.B.C. or contact Kathleen Bertin at ext. 302
Tuesday	TBD 4:00pm	Musical Interfaith Service led by Kimberly Mouledoux, St. Martin's Episcopal Church once a month
Tuesday	TBD 4:00pm	Brian Blair of Williams Boulevard Baptist Church will lead a Devotional and Sing-a-long once a month
Wednesdays	1:00-4:00pm	Chaplain Kathleen Bertin will meet with residents by appointment, 865-1960 extension 302
Thursdays	10:00am-4:00pm	Chaplain Kathleen Bertin will meet with residents by appointment, 865-1960 extension 302
Thursday	7/13 1:30pm	Shmoozing with the Rabbi
Fridays	10:30am	Catholic Mass followed by Recitation of the Rosary at 11.
Fridays	5:00pm	Shabbat Service with various leaders

Please notify the Chaplain if you would like the Sacrament of Reconciliation or the Sacrament of the Sick.

Newcomer's Table

Each Friday evening a Host or Hostess will invite new residents to sit at the Newcomer's Table. Please volunteer to be a Friday evening Host or Hostess on the signup sheet in the Resident Business Center, someone from the Welcome Committee will contact you. Questions, contact Lelia Schumacher the facilitator, 895-8721 home or 450-5462 cell. Participants are encouraged to bring a bottle of wine to share with the table.

FOR YOUR DINING PLEASURE . . .

Continental Breakfast Daily from 7:30 – 9 a.m. in the Coffee Bar. Complimentary continental breakfast is provided seven days a week! It is a great time to socialize and enjoy a cup of coffee with your neighbors!

First Floor Dining Room Daily - Lunch hours: 11:30 a.m. – 1:30 p.m. or Dinner hours: 5 – 7 p.m. **Check channel 1960 for the daily Dining Room menu and Café special.** The complete Dining Room menu is located on the board outside of the Dining Room and at the Front Desk for you to read.

Guidelines for Takeout Service To place “to go” orders or have meals delivered for a \$5 charge, pickup one menu for each person placing an order from the Front Desk, fill out the form and circle the items you want and return to the Front Desk no later than 11 a.m. for lunch and 4 p.m. for dinner. This is a limited item menu, you will only have access to the full menu if you dine in the Dining Room. Pick up meals will be placed on a table in the employee breakroom adjacent to the elevator with your name on it after 11:30 a.m. for lunch and 5 p.m. for dinner. If you are sick, meals can be delivered for three consecutive days at no charge. Take out trays must be returned to the kitchen.

Wild Azalea Café Tuesday through Saturday, serving complementary coffee and made to order breakfast from 7–10:30 a.m. and lunch from 11:30 a.m.—2 p.m. To place to go orders, call the Front Desk at 865-1960 and ask for Café extension 303 (no delivery available).

MORE ABOUT FOOD AND DRINK!

B.Y.O.Beverage to “Monday Meetings”: Join fellow residents at 5 p.m. in the Penthouse Suite on Monday before dinner. Bring your favorite before dinner libation and enjoy great company!

Crescent City Farmers Market: Tuesdays from 9 a.m.—1 p.m., take the short walk along Broadway towards St. Charles Ave., turn left into the Tulane parking lot headed towards Leake Ave. Vendors have beautiful flowers, hot

lunches and a wonderful selection of fresh produce and homemade goodies!

Happy Hour: Most Fridays from 4:30—5:30 p.m., in the Coffee Bar. Enjoy a glass of wine, cocktail or non-alcoholic beverage before dinner.

Second Harvest Food Bank: a collection box is located in the Resident Business Center for your donations, which get's dropped off periodically during the year.

SHOPPING

Alternating trips to Winn-Dixie and Rouses supermarkets on Tchoupitoulas are scheduled on Tuesdays. Independent Living residents are invited to join Assisted Living during their afternoon grocery outings (AL shopping is subject to change or cancellation due to weather and other conditions). Please meet at Martin's Landing prior to departure time. Whole Foods now makes a weekly delivery on Fridays. Your insulated bag with order form are due on Wednesdays, see Jeanne about registration for this service. There are also alternating monthly trips to Dorignac's and Trader Joe's and a monthly visit to Wal-Mart on Jefferson Highway. Trips to a local mall are scheduled most months.

Monday, July 3 , 9am, Rouses

Tuesday, July 11, 9am, Winn-Dixie
1:45pm Rouses with AL

Tuesday, July 18, 9am, Rouses
1pm Walmart

Tuesday, July 25, 9am, Trader Joe's
1:45pm Winn Dixie with AL

Wednesdays before 3:30pm Whole Foods orders due at Front Desk

Fridays between 12:30pm—6pm pick up Whole Foods delivery from Front Desk

Fitness Classes in the Exercise Studio of the Wellness Center (exceptions noted)

The Wellness Center is staffed Monday – Friday, 8am – noon and 1 - 4:30pm. For Personal Training and a Fitness Assessment, call Greg Taylor at extension 305 or John McElree at extension 304 to set up an appointment in the Fitness Gym.

Monday, Wednesday, Friday

7:00am Walk in the Park meet at the Front Desk

8:45am Total Body Training Participants experience a variety of different standing and seated exercises to improve strength, endurance, and mobility, using body weight, hand weights elastic bands, and balls.

10am Strength and Mobility Training Exercise using resistance bands and hand weights.

10am Aquatic Aerobic and Strength Exercise (Natatorium)

10:00am Balance and Fall Prevention Participants are guided through a variety of fun activities designed to improve static and dynamic balance, promote good posture, and develop better awareness of body position. (Tuesday only)

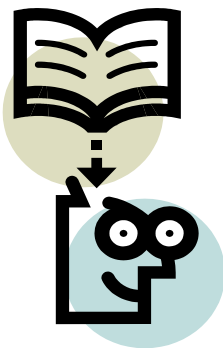
10:00am Tai Chi meditation in motion, employs a series of flowing movements performed in a slow, focused manner and accompanied by deep breathing, promoting better posture, balance, strength, flexibility, and stress reduction. (Thursday only)

Tuesday, Thursday, Saturday

8:00am Intermediate Yoga This class represents a progression in difficulty from the regular 9:00 yoga class. (Thursday only)

9:00am Yoga Designed to unite mind, body, and spirit, yoga employs the performance of

11am Line Dancing (Auditorium, Thursday only)



If it's books and discussions you like...

New Orleans Public Library Book Pickup and Delivery meets every three weeks on Mondays from 4–4:30 p.m. in the Media Room. A representative from the library will bring books based on your interest and specific requests. You can email Aimé (this is her correct spelling) directly with your requests at alohmeyer@nolalibrary.org or drop Jeanne a note. **The July visit will be on 7/17.**

Educational Programing and Discussion led by Dorie is held on Tuesday mornings at 11 a.m. in the 4th floor Activity Room. Resources include TED Talks, PBS Channel, Smithsonian, Nova, any other educational documentary program.

Great Ideas of Philosophy on Tuesdays at 3 p.m. in the Media Room. Grasp the important ideas that have served as the backbone of philosophy across the ages. Thirty minute video lecture followed by a discussion.

A Book of the Month Discussion Usually held on the first Wednesday of the month at 12 noon in the Media Room with Dianne Schlosser. The discussions will be conducted over lunch. Reservations are required by the **Monday** before. The next discussion will be on **July 5, *Hillbilly Elegy* by JD Vance**. On break in August, and still looking for a copy of *Small Great Things* by Judy Picoult.

The History of World Literature facilitated by Dorie Deats on Wednesdays at 4:15 p.m. in the 2nd floor Multipurpose Room. The lectures series by Professor Grant Voth will take you on a journey through time and around the world—from the enormous auditoriums of Ancient Greece, to the dazzling courts of Classical China and Japan, to the prison camps of Stalinist Russia, to a quiet study in the home of a 19th-century New England spinster. You'll sample brilliant masterpieces that reflect humanity's deep need for self-expression.

The Wisdom of History on Wednesday and Fridays at 2 p.m. in the Media Room. Do the lessons passed down to us by history, lessons whose origins may lie hundreds, even thousands of years in the past, still have value for us today? Thirty minute video lecture followed by a discussion.

ON THE BIG SCREEN

Saturday and Sunday Matinees are in the Auditorium at 2 p.m.

The Movie Committee sponsors a Sunday night viewing event in the Media Room—During the month of July, Academy Award winner Audrey Hepburn will grace us with her classic movies.

A miniseries is shown on Wednesday evenings at 7:15 p.m. in the Media Room—the current series is *Foyle's War* Set in the English coastal town of Hastings during World War II, this compelling crime drama follows police inspector Christopher Foyle, who discovers that crooks don't stop for anything - not even war.

Opera or ballet will be viewed at 2 p.m. on Thursdays in the Media Room.

Your movie suggestions are important. Please list your requests on the sheet in the Resident Business Center, and include ballet, opera, miniseries or educational requests, as well.

*It's all in the game - bored?
Play games!*

The **Card and Game Room** is located on the 1st floor next to the Resident Business Center, stocked with cards and games for your use any time of the day or evening. Get a group together and play bridge, UNO, Rummikub, Yahtzee or Scrabble. A list of interested players is posted. If you would like to reserve a table, contact Jeanne at 872-9715.

Puzzles: A temporary table has been installed in the Media Room. Extra puzzles are located in the cabinet at the back of the Auditorium.

Scrabble: To keep your brain working, a giant scrabble board is located at the table overlooking the Patio!

Saturday Bridge: 10 a.m. in the Card &

Game Room, get together with Lambeth House bridge players. Arrive before 10 a.m. and sign-in. Tables will be assigned at 10 a.m. If there are not enough players to complete a table the last to arrive will not be able to play. Cards, score pads and pencils are provided. Weekly winner(s) will be posted on the bulletin board in the game room.

Saturday Rummikub: 2 p.m. in the Card and Game Room. Get together with Lambeth House players.

Bocce, Turtle Toss and Shuffleboard games: If anyone would like to get a group together for some friendly competition and play any of these games let John McElree know and he can set you up!

ART NEWS

Art on View: As you roam the first floor hallways of both buildings enjoy displays of resident artists' works and resident collectors' pieces.

**On display through July 9
Honoring Our Fathers
An exhibit picturing the
spectacular men in our lives.**

**July 13-October 17
Orient Expressed
Opening Reception
Thursday, July 13**

Needle Arts: If you enjoy needlework, please join the group for their weekly gathering in the Coffee Bar at the table near the Library on Mondays from 1 until 2:30 p.m.

Art Class: Charlene Vernotzy, who is well versed in a lot of different mediums, conducts a weekly class on Tuesdays from 10 a.m. until 12 noon in the Art Studio. This class is all about having fun and trying something new, so walk over and give it a try. Art students current works will be hung in the Studio for one month, stop by and enjoy.

Charlene is also conducting a Drawing Course at 11am until 12noon. Materials are available if wish to take lessons.

Art Appreciation Group: Meets in the fourth floor Activity Room at 3 p.m. on Wednesdays. Currently we are appreciating *A History of European Art*. We all have our favorite artists, periods, or styles, but do you truly know the full sweep of European art? Can you connect the dots of influences and inspiration that link the Renaissance with Mannerism, or that tie the paintings of the creator of modern art, Edouard Manet, to masterpieces from centuries earlier? In this series of lectures you will encounter all the landmarks you would expect to find in a comprehensive survey of Western art since the Middle Ages; but you will also find works that are completely new to you.

Medical Services & More

Business Office: M-F 10 a.m.-12 noon & 2-4 p.m.
Cashed checks up to \$100, purchase postage,
send faxes, mail packages via USPS or FedEx.

Blood Pressure Service: contact Debbie Godsey at
865-1960 extension 103 to have yours taken.

Dentist: Dr. Scott Cefalu performs simple cleanings at
a charge of \$100 for residents unable to visit their
own dentist. Contact Jennifer Credeur at exten-
sion 119 to request a visit, A minimum of 10 resi-
dents is required to schedule his visit.

Dermatologist: Dr. Diane Rose visits Lambeth House
on the third Tuesday of the month from 3 – 5 p.m.
in the 2nd floor Exam Room across from the Nurs-
es Station. To schedule an appointment contact
Germaine Gibson, 865-1960 extension 149. This
practice does not accept People's Health (Choice
65) insurance.

Hearing Clinic: Melody L. Benedic-Walsh, Au. D. CCC
-A, Clinical Audiologist from N.O. Speech & Hear-
ing is available on the fourth Thursday of the
month, in the 2nd floor Exam Room. By appoint-
ment from 1 - 2 p.m., four 15 minute spots are
available for hearing aid programming, hearing aid
repairs and batteries (some hearing aids are pro-
prietary and cannot be repaired by Melody).
Charges are based on your particular needs.
Please sign up in the R.B.C. Drop in between 2 –
3 p.m., to this free clinic where Melody conducts
hearing aid cleanings and checks; consultations
for residents who have questions about hearing,
evaluations, and/or hearing aids; assistance on
operating hearing devices, et cetera. Hearing
tests are not conducted at Lambeth House.

Manicures & Pedicures: Lorraine Hester takes ap-
pointments in the 1st floor Salon or in your apart-

ment. Salon visits: \$20 manicure, \$45 Pedicure.
Apartment visits: \$25 manicure, \$50 pedicure. To
schedule your appointment call Lorraine at 452-
4441.

Massage Therapy: Katy Trumble, Nationally Board
Certified and State Licensed, is available by ap-
pointment on Monday-Friday, 10 a.m.-5 p.m., in
the Massage Therapy Room within the 1st floor
Salon or can come to your apartment. Call (504)
654-9801 to schedule personalized treatments
tailored to your needs.

Physical Therapy: Triton Healthcare at Lambeth
House is on the 2nd floor in the Therapy Room.
Physical therapy, occupational therapy and
speech therapy are available. To make an ap-
pointment call (504) 866-7495.

Podiatrist: Dr. Melanie White is available for appoint-
ments on the second Thursday of the month from
1:30—3 p.m. in the 2nd floor Spa Room by the
Nurses Station. Schedule your appointments by
the first Thursday of the month for Dr. White with
Germaine Gibson at 865-1960 extension 149.

Sewing & Ironing Service: Honey Tobin will meet you
in the Art Studio on Wednesdays between 10 a.m.
and 12 noon for a simple hem, button or seam
repairs. If you need services which require a fit-
ting, call Honey at (803) 487-2896 and she will
coordinate an appointment, pick up your items the
next week or let her know ahead of time if you
cannot make it.

Sewing Machine: There is a basic model, Singer sew-
ing machine located in the Art Studio. If you have
questions, Jeanne will be happy to assist. Thread
and bobbins are not provided.

If you are musically inclined join the Choral Group

The Choral Group practices on most Thursdays around 3 p.m. in the Auditorium, except on weeks with Town Hall. Anyone who wishes to make a joyful noise is encouraged to participate, put a note in pigeon hole #703 for a songbook. **Currently on break for the summer.**

A note from your Resident Council

If you have something you would like to bring to the attention of the Resident Council please drop a note in pigeon hole #1113 and someone from the Council will respond.