



Welcome!

Welcome Residents and Guests,
Today we have prepared with loving care
homemade soups, salads, appetizers and entrees.

~ Homemade Soups ~

Seafood Gumbo**

or

Clear Chicken /vegetable soup**

~ Salads & Appetizers ~

Shrimp Salad

Shrimp salad with lettuce tomato egg and lemon wedge

or

Chilled Fruit Cocktail

~ The Sandwich and Salad Sidewalk Café ~

Tuna Salad Sandwich

Homemade tuna salad on wheat bread
With mayonnaise, lettuce and tomatoes
Potato chips and pickle spear

** These menu choices have been prepared with reduced salt, fat and cholesterol



~ **From Skillet, Grill and Oven** ~

B.B.Q Baby Back Ribs

(Prepared the way you like them)

Pot Roast

Beef rib eye round simmered in gravy
With vegetables and a dash of burgundy

~ **Today's Seafood** ~

Louisiana Crawfish Pie

Served with a zesty Cajun sauce

~ **Choice of Side Dishes** ~

Baked Beans** or Black eyed peas**

Mustard Greens** or Mashed Potatoes**

Dinner Rolls and Butter

~ **Sweet Finale** ~

Dessert of the Day

With strawberry and Cream

Pudding or Jello (No added Sugar)

Fat-free Yogurt

Choice of Ice Cream

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